

SEPTEMBER 2024, ISSUE 4 - VOL 7

# Coffhascope

QUATERLY E-NEWSLETTER FOR COFFHA



## FROM THE EDITOR'S DESK



A New Chapter Begins: Welcoming Our New President and Celebrating Continuity Welcome to another exciting and reader friendly edition of Coffhascope. As we turn the page to a new chapter in COFFHAs history, we are thrilled to announce the election of our new president, Barr. Augustina Igbokwe. This momentous occasion marks not only a change in leadership but also a reaffirmation of our commitment to serve humanity irrespective of their age, gender and religion.

Barr. Igbokwe has been a long-standing member of Coffha and has before now served as a General Secretary of the association. With her wealth of experience and fresh perspective as well as her proven track record as a very successful entrepreneur, she is poised to lead COFFHA into a future filled with new opportunities and challenges. Here's wishing the newly elected executives a very successful tenure as we pray for commitment and higher level of thought leadership.

As you may have guessed the editor, in the person of the Immediate Past President, Nkechi Ali-Balogun is still very much holding the fort and ensuring that our content remains insightful, engaging, and relevant to our readers.

We have many other life-enriching stories and hacks in this edition that would interest you Coffha is a non-profit organization dedicated to improving the living standards of the poor and making a positive impact on humanity through various initiatives, including: financial assistance, educational support, healthcare services and food distribution for sustainable development.

If you would like to be a partner or become a member please visit our website [www.coffha.org](http://www.coffha.org) for further information

**- Nkechi Ali-Balogun.**

## COFFHA ELECTS NEW LEADERSHIP



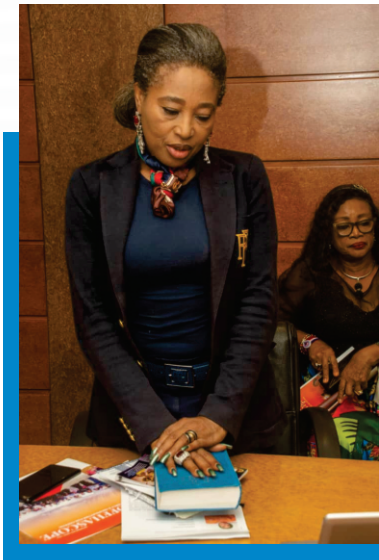
History was made once again on June 13, 2024, when the Committee of Friends for Humanity (COFFHA) held its 7th annual AGM at the prestigious Eko Hotel & Suites, Victoria Island, Lagos. During the AGM, the association's audited accounts for 2022 and 2023 were presented and approved. A highlight of the event was the election of new officers to lead the association for the next two years.

The AGM was well attended both in person and virtually. The following distinguished women emerged as the new leaders:

- Barr. Augustina Igbokwe, President
- Chief Chizor Malize, Vice President
- Lady Gloria Okeke, General Secretary
- Lady Ngozi Okoro, Financial Secretary
- Lady Uche Obi, Publicity Secretary
- Oguefi Prisca Nwadialo
- Lady Ijeoma Otti-Onyeri
- Lady Obiageli Anubi, Welfare
- Nkechi Ali-Balogun, Immediate Past President (Ex-Officio Member)

In her farewell speech, the Outgoing President, whose term lasted four years, encouraged the new executive team to build on the strong foundation established over the years. She urged them to lead COFFHA to even greater heights of impact and influence, emphasizing the importance of being champions of change, advocates for justice, and beacons of hope for women and children everywhere.

# PHOTO SPEAK COFFHA AGM, JUNE 2024



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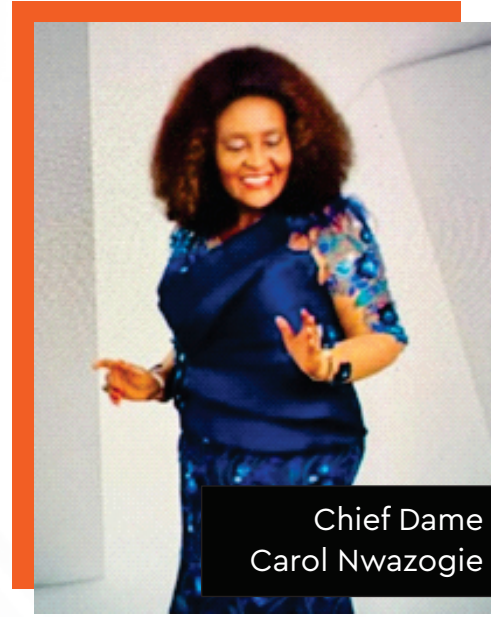
## PHOTO SPEAK



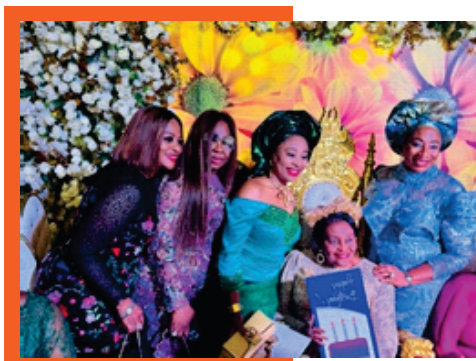
At Lota's (Late Pharm Ngozi Obikil's daughter) traditional wedding 27 September 2024

## MILESTONES

### Coffha Patrons Step onto the 8th Floor



These Patrons not only reached the milestone of **80 years** but have also continued to contribute significantly to the growth of COFFHA, leaving lasting legacies.



Beautiful COFFHA Divas and our wonderful women of worth were not left out at the celebrations.

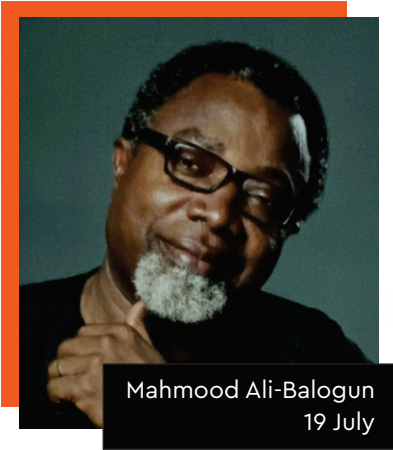


## MILESTONES



Mrs. Meg Kechi Nwobia a very good and committed friend of COFFHA celebrated her 70th birthday. Here's wishing her a very big congratulation for achieving this milestone from all the wonderful women of worth in Coffha.

## BIRTHDAYS



### July:

1. Lady Joy Chiori 1st July
2. Sir Nweze (Ogo's husband) 2nd July
3. Sir John Okeke 2nd July
4. Chief Hetty Egbai July 12th
5. Chief Mr M.A Alibalogun 19th July

### August:

1. Sir Ray Okoye ( chief Christy Ray Okoye's husband) 5th August
2. Chief Nwadialo, Lady Prisca Nwadialo's husband 16th August
3. Chief Sly Egbai( Chief Hetty's Egbai's husband) August 28th

## SPOTLIGHT



**Coffhascope:** You have just been elected the President of COFFHA, how do you feel taking up this new responsibility knowing how busy you are?

**President:** It is an enormous responsibility, but I feel privileged and blessed to be chosen by God in spite of my frailty to serve humanity in this auspicious time in our history

**Coffhascope:** When did you join Coffha and what attracted you to this association?

**President:** I joined Coffha in 2004. I was drawn by my passion for advocacy and the desire to make a difference through collaborative efforts. I wanted to support initiatives that

improve the lives of the less privileged, especially women and children, by addressing gender inequality, poverty, lack of education, and exploitation. Coffha provided the perfect platform to work with like-minded women committed to social justice and community.

**Coffhascope: COFFHA has been in existence for nearly 30 years and achieved much, what new contributions can you offer?**

**President:** Our immediate focus would be the completion of the Coffha skills acquisition centre at Okun Ajah. It is a huge project intended to equip, train, and empower the less privileged in society. It is our dream to train and empower about 1000 participants every year.

**Coffascope: WOW! What skills do you intend to teach at the acquisition centre?**

**President:** The Coffha Skill Acquisition Center will offer training in various trades to empower women and youth. Some of the skills that will be taught include:

- **Digital Skills:** Training in digital literacy and online business management.
- **Vocational Training:** Courses in specific trades such as tailoring, hairdressing, and catering.
- **Financial Literacy:** Education on managing finances, accessing credit, and achieving financial autonomy.

These programs aim to build capacity and provide sustainable livelihoods for the less privileged (see our website: [www.coffha.org](http://www.coffha.org).)

**Coffascope: As a member of the team that represented Coffha at the recent United Nations program for women, what was your most significant takeaway?**

**President:** The 68th session of the United Nations Commission on the Status of Women (CSW) was held in New York in March 2024. The theme was "Accelerating the achievement of gender equality and the empowerment of women and girls by addressing poverty and strengthening institutions and financing with a gender perspective." My key takeaways are:

1. **Education:** There is an urgent need to improve education for women and girls to achieve gender equality.
2. **Financial Empowerment:** Financial inclusion and autonomy for women are crucial. Policies should ensure women have access to credit, work, and control over their finances.

Achieving gender equality requires collective, urgent action. As the UN Secretary-General said, we must "push back the push back." Women must stand firm and not "agree for anybody," as we say in Nigeria.

**Coffhascope: Where do you envision Coffha in the next four years?**

**President:** In the next four years, I envision Coffha teaching people how to fish. Our mission and vision are to positively impact humanity by alleviating suffering, lifting people out of poverty, and changing lives. We achieve this through initiatives like the Coffha Helping Hands Initiative, hospital visits, and widow empowerment. These programs will continue, but with the completion of Coffha's skill acquisition center, we will be able to teach people how to fish.

**Coffhascope: . What hobbies do you enjoy?**

**President:** Singing, jogging, and watching my favourite tv programmes.

**Coffhascope: What is your favorite meal?**

**President:** It was bread, now I am not so sure

**Coffhascope: Could you share some insights into your fashion preferences?**

**President:** I wear whatever looks good on me.

On behalf of the Coffhascope team and all the Wonderful Women of Worth (WOW) here's wishing you a very successful tenure

## LIFE HACKS THAT MATTER



### How to Remove a Ring Stock on a Finger

Many times your finger got swollen and you can't remove the ring  
Many people try to remove it with a knife and by also applying a cream but it is dangerous.

There is a simple way

Blum in some thread inside the ring and twist it round your thumb.

The thumb will help the thread to do the trick, once it's done  
You will roll the thread round the stocked ring finger and with the help of a tape  
glue the edge of the thread, once it's done, untie the thread that was on the  
thumb and roll it, this will help to remove the stock ring from the finger.

Click below to watch video

<https://www.instagram.com/reel/C-PnpIyvGyN/?igsh=MXgwaDd5cW5kaGFzdw==>

## LAFF IT OFF



1

Only in Nigeria can one find a native doctor using a laptop. You then wonder, are they consulting the spirits online?

2

Do not worry if time does not wait for you. Simply remove the battery from the clock and live your life.

2

A small apple is now N100. Something the serpent gave Eve for free.

4

There is a woman behind every successful man. Do you know why? Because women do not follow unsuccessful men.

5

I thought money was the only thing that could change people until I went to a wedding yesterday, and ordinary Jollof rice made someone act as if she did not know me.

6

I told you I do not have a girlfriend, and you asked me to swear, Nina, what will you gain if I die?

7

A Christian missionary goes to proselytize in Nigeria and gets lost. He begins wandering aimlessly through a thick forest and stumbles upon a lion. He then gets scared the lion will eat him, so he starts praying to God to protect him from the lion. Then, suddenly, he sees the lion praying as well! He gets relieved and tells the lion, "I didn't know you're a believer as well. I'm so glad. For a moment, I thought that you might eat me."  
The lion responds, "Quiet, please! Don't interrupt my mealtime prayer!"

